

Green Activities Guide



This booklet helps student groups at Worcester get involved in sustainability through fun, impactful activities. Each action earns [TeamWorc points](#) and [volunteering hours](#).

1. Support Biodiversity & Nature

- Plant a tree or shrub
- Build a bug hotel
- Attend a bird walk on campus or in the community

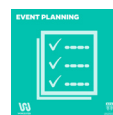


Why it matters:

Boost local biodiversity and engage with nature directly.

2. Tackle Litter & Water Pollution

- Organise a litter pick on campus
- Take part in a river clean-up
- Volunteer to support with clean up at an SU event



Why it matters:

Help protect wildlife and maintain healthy local ecosystems.

3. Grow & Eat Sustainably

- Grow your own herbs or vegetables
- Host a Meat-Free Monday meal or potluck



Why it matters:

Encourage healthy, low-impact food choices and reduce food miles.

4. Swap, Share & Reuse

- Run a clothes, book, or sports kit swap shop
- Attend a second-hand or vintage fair at the SU



Why it matters:

Cut down waste, save money, and give items a second life.

5. Green Your Group

- Create an eco-manifesto for your society
- Audit your events for waste, travel & energy impacts



Why it matters:

Make sustainability a core part of your group's planning and values.

6. Inspire Action & Awareness

- Host a sustainability-themed event or workshop
- Take on a zero-waste challenge
- Organise or join a cycle / walk / bus travel challenge



Why it matters:

Educate, inspire and motivate others through engaging, positive action.

7. Promote Inclusive, Fair & Empowered Communities

- Host a discussion, panel or event around equality, inclusion, or social justice
- Support campaigns tackling discrimination (e.g. LGBTQ+ rights, anti-racism, disability inclusion)
- Create a code of conduct for your society that promotes respect, accessibility and inclusion



Why it matters:

Sustainability isn't just about the environment — it's about people too.

Empowering all voices and creating a fairer, more inclusive society is key to long-term change.

Bonus

- Activity is a **RAG event**
- Joined together with another student group
- External Speaker attends
- Linking with similar student groups at other universities, external organisations
- Took part in additional Training

Need Inspiration or Help Getting Started?

Contact: studentsunion@worc.ac.uk or check out our [website](#).

